

The Nursing Mothers' Program provides women, who are assigned to work at the Pentagon or Mark Center, with a sanitary and private environment to express breast milk .

The dedicated 'Nursing Mother' rooms are accessible 24/7 to registered users.

All rooms have combination lock codes. The codes are provided to women who have registered for the program.

Washington Headquarters Services provides the program management and facilities oversight.

Fit To Win~Wellness provides enrollment services and wellness programs.



Fit To Win ~ Wellness
&
Washington Headquarters Services

A partnership created to support
Nursing Mothers in the Workforce



Pentagon-Mark Center Nursing Mothers Program



Use of rooms is reserved for the exclusive use of those mothers enrolled in the program.



Mothers will provide their own personal use equipment



Enrollment Instructions

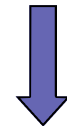
www.DTHC.capmed.mil



Nursing Mothers Program



Return completed documents via email, fax, or in-person



DTHC-Fit To Win
Corridor 8, Rm MG886A.4
703.692.8898
703.692.6201 fax

Pumps are supplied and maintained by the program.



Refrigerators are available for milk storage during the work day.

